

Residential Fat, Oil and Grease...

The No. 1 cause of sewer backups in homes!

F.O.G. is **F**at, **O**il,
and **G**rease.

About 30% of what
we eat is **F.O.G.!**

F.O.G. can block your
drains and your
neighbors drains.



**F.O.G. is the cause
of most sewer
line blockages.**

Blocked drains and
sewers create health
hazards, make life
miserable and are
expensive to remedy.

Why should you care?

Even a small amount of grease in sink drains can cause sewage backups and overflows that are messy, costly, and a potential threat to your health and the environment.

How can you have fat-free sewers?

- Never pour fat, oil or grease down sink drains or toilets!
- Wipe dishes and pots and pans prior to washing.
- Talk with your friends and neighbors about the grease problem so the community is aware of the risk.



MINIMIZE YOUR RESIDENTIAL GREASE BY FOLLOWING THESE SIMPLE STEPS...

Step 1 All cooking oil should be poured into an old milk carton, frozen juice container or other nonrecyclable package, to be disposed of in the garbage.

Step 2 Dishes, pots and pans that are coated with greasy leftovers should be wiped clean with a disposable towel prior to washing or placement in dishwashers.

Step 3 Instead of putting fat trimmings or drippings from meat in the garbage disposal, put them in a trashcan.

Always put cooking grease containers and greasy towels in a plastic bag before disposing of them in your trash bag.

NEVER dispose of cooking grease directly into your automated trash compactor.

PLEASE DON'T POUR GREASE DOWN THE DRAIN!



WHERE IS RESIDENTIAL GREASE PRODUCED?

Grease is a by-product of cooking and is found in things like these:

Meat fat	Food Scraps	Pastries
Butter & margarine	Baking goods	Salad dressings
Cooking oil	Sauces	Deep-fried foods
Shortening	Dairy Products	Gravy

You Can Make A Difference!

Keeping just **one (1) tablespoon** of fat, oil or grease out of your drains daily would amount to **twelve (12) pounds** of fat, oil, or grease a year not running through your pipes, the sewer system, and Neptune Beach sewage treatment plant.



Need More Information?

For questions about Fat, Oil & Grease, contact Neptune Beach Public Works at 904-270-2423.



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